

# Westside Family YMCA

920 Elmgrove Rd. • 247-3501  
[www.westsideymca.org](http://www.westsideymca.org)



- Adult Land/Water Classes
- Personal Training
- Massage Therapy
- Swimming Lessons
- Teen Programming
- Summer Day Camp
- Before and After School Care
- Youth Sports
- Preschool Classes
- Full Day Care Center

## Y ROCHESTER™

We build strong kids, strong families, strong communities.

Financial Assistance Available